



# September 2015 Cafeteria Menu



Sun	Mon	Tue	Wed	Thu	Fri	Sat
<i>Breakfast is served daily</i>  <i>USDA is an equal opportunity provider and employer</i>		1 Beef & bean burrito Tomatoes Salsa Shredded cheese, lettuce Black bean rice Fruit/milk	2 Corn dog Baked beans Romaine lettuce Fruit Milk	3 Salisbury steak w/ gravy Mashed potatoes Bread & butter Romaine lettuce Fruit / milk	4 Pizza bites Marinara sauce Green beans Romaine lettuce Fruit/milk	5
6	7 <b>NO SCHOOL</b>  <b>LABOR DAY</b>	8 Cheese-burger on bun Tomato slice Baked beans Romaine lettuce Fruit /milk	9 Chicken nuggets Steamed broccoli Mac & cheese Romaine lettuce Fruit/milk	10 Spaghetti w/ meat sauce Corn Romaine lettuce Garlic bread Fruit/milk	11 Bosco stick Marinara sauce Green beans Romaine lettuce Fruit/milk	12
13 <b>Menus</b>	14 Shaved ham on bun Tomato slice Peas Mac & cheese Romaine lettuce Fruit/ milk	15 Chicken strips Corn Romaine lettuce Fruit/milk	16 Pulled pork on bun Baked beans Romaine lettuce Fruit/milk	17 Goulash Steamed broccoli Garlic bread Romaine lettuce Fruit/milk	18 Cheese quesadilla Salsa Green beans Romaine lettuce Fruit/milk	19
20 <b>Subject to</b>	21 Breaded chicken on bun Steamed broccoli Tomato slice Romaine lettuce Fruit/milk	22 Chicken & noodles Mashed potatoes Bread & butter Romaine lettuce Fruit/milk	23 Hot dog on bun Baked beans Romaine lettuce Fruit/milk	24 Beef tacos w/ meat sauce Soft shell Shredded lettuce Tomatoes, Salsa Black olives Cheese Refried beans Fruit/ milk	25 Cheese pizza Cooked carrots Romaine lettuce Fruit/ milk	26
27 <b>Change</b>	28 BBQ Rib on bun Steamed broccoli Mac & cheese Romaine lettuce Fruit/ milk	29 Steam-burger on bun Tomato slice Baked beans Romaine lettuce Fruit/ milk	30 Popcorn chicken Corn Romaine Lettuce Fruit/ milk	Oct. 1 Tuna salad or Peanut butter & jelly sandwiches Cooked carrots Romaine lettuce Fruit/ milk	2 <b>NO School</b> <b>SIP Day</b>	